

THE INTERCONTINENTAL CHURCH OF GOD

SPECIFIC BIBLE STUDIES - CLEAN AND UNCLEAR MEATS

SUBJECT: Clean and Unclean Meats

CLEAN ITEMS

Meat

- Beef
- Lamb
- Goat
- Hart
- Roebuck
- Deer
- Antelope
- Ox
- Mountain sheep
- Buffalo

Fish

- Albacore
- Anchovies
- Bluebill Sunfish
- Bluefish
- Bowfin
- Buffalofish
- Butterfish
- Carp
- Chubs
- Cod
- Crappies
- Flounder
- Fresh water mullet
- Groupers
- Grunts
- Haddock
- Hake
- Halibut
- Herring
- Kingfish

- Mackerel
- Mullet
- Pike
- Pilchards (sardines)
- Red snapper
- Redfish
- Salmon
- Sea Bass
- Smelt
- Striped Bass
- Trouts
- Tunas
- White Fish
- Yellow Perch

Fowl

- Chicken
- Dove
- Duck
- Goose
- Grouse
- Guinea fowl
- Partridge
- Peafowl
- Pheasant
- Pigeon
- Prairie chicken
- Ptarmigan
- Quail
- Sagehen
- Sparrow (and other songbirds)
- Swan
- Teal
- Turkey

The six features for clean birds are:

1. They have a crop or craw
2. they have a gizzard with a double lining
3. their feet have an elongated middle toe and a hind toe
4. their toes are spread so that they have three front toes on one side of a perch and the hind toe on the opposite side
5. they cannot be birds of prey
6. they catch food thrown to them while they are in the air but they first bring it to the ground and divide it,

before eating it. Unclean birds eat food in the air or tear it apart on the ground and eat as they tear.

UNCLEAN ITEMS

Meat

- Pork (including lard)
- Ham
- Bacon
- Pork-sausage
- Rabbit
- Dogs
- Possums
- Snakes
- Rats
- Skunks
- Lizards
- Spiders
- Hyenas
- Horses
- Mice

Fish

- Abalones
- Bullheads
- Catfish
- Clams
- Crabs
- Crayfish
- Eel
- Lobster
- Mussel
- Octopus
- Oysters
- Scallop
- Shark
- Shrimp
- Snails
- Squid
- Sturgeon
- Swordfish
- Whale

Fowl

- Roadrunners
- Woodpeckers
- Parrots
- Gulls
- all others not specifically listed as clean.

Jell-O & Marshmallows (usually contain pork-based gelatin), any saltine cracker that states it uses animal shortening (usually lard), and anything else that states it uses animal shortening.

IF IN DOUBT, AVOID ANYTHING NOT SPECIFICALLY LISTED AS CLEAN