

ICG Bible Correspondence Course

Lesson Seven – Sabbath

SUMMARY

READ THESE SCRIPTURES FROM YOUR OWN BIBLE:

Mark 2:27-28 – The Sabbath was made for man and the Son of man is Lord of the Sabbath.

Leviticus 23:2-3 – Sabbath is a holy day, a solemn rest, an appointed feast, a holy convocation.

Genesis 2:1-3 – God rested on the 7th day, a specific day and the only one with a name.

Isaiah 66:23 – In the millennium everyone will keep the Sabbath.

Exodus 16:28 – Sabbath is mentioned as Law before Sinai.

Exodus 20:8 – Remember the Sabbath day, to keep it holy.

Exodus 31:12-17 – Sabbath is a sign between God and His people.

Isaiah 58:13-14 – Blessing for keeping the Sabbath.

Acts 13:42-48 – Paul is keeping the Sabbath with the Gentiles.

1 Corinthians 7:19 – Physical circumcision is nothing. Uncircumcision is nothing, but keeping the commandments (including the 4th) are.

Romans 2:29 – Circumcision of the heart is important.

Hebrews 4:11 – Sabbath looks forward to the ultimate rest in the Kingdom of God.

Ezekiel 40-48 – Sabbath is to be kept after return of Christ.

Leviticus 23:3 – The Sabbath is a holy convocation.

Hebrews 10:25 – Gathering together on the Sabbath.

QUESTIONS

1. Which of the following is true regarding the Sabbath:

- a) is Holy.
- b) instituted at Creation.
- c) reaffirmed to Israel at Sinai.
- d) taught by Jesus Christ.
- e) is basic to a Christian's relationship with God.

2. The weekly Sabbath celebration serves as a reminder that:

- a) Association with others is fun.
- b) God is Creator

3. The New Testament discussions about the Sabbath revolve around how to keep it not whether to keep it.

True or False?

4. The basic New Testament scripture on how to keep the Sabbath is_____ .
5. The Hebrew word translated 'Sabbath' means to rest, stop or cease. True or False?
6. The Sabbath is from:
 - a) midnight going into Saturday to midnight going into Sunday.
 - b) sundown Friday to sundown Saturday.
 - c) noon Friday to noon Saturday.
 - d) Saturday morning to Sunday morning.
7. The weekly Sabbath predated the covenant with Israel. True or False?
8. What verse tells us that God hallowed the Sabbath by resting on it?
9. The Sabbath was created only for the tribes of Israel and not the rest of the world. True or False?
10. Where do we hear God speaking to Moses saying "How long refuse ye to keep my commandments and my laws?"
11. Exodus 20:8 says, " _____ the Sabbath day to keep it holy."
12. Exodus 31 says that the Sabbath is a _____ [what?] between Him and His people?
13. Finish this sentence: The Sabbath is the one commandment of the ten that will maintain a _____ _____ to God [what?]
14. Romans 9:6-8 says that in these New Testament times the seed of Abraham and the promises go to the followers of Christ, not physical Israel. See Gal. 3:29. Is this an accurate understanding of the New Testament. Yes or No?
15. The Sabbath is no longer a sign between God and His people. True or False?
16. Jeremiah 17 speaks to dire consequence of negligence in regard to the Sabbath. True or False?
17. The nations went into captivity, in part, because of their Sabbath breaking. True or False?

New Testament Church

18. The Sabbath is clearly done away with in the New Testament times. True or False?
19. Secular history of the 1st century cannot be used to support the idea of Sabbath-keeping at that time. True or False?
20. The ministerial conference of Acts 15 did not discuss the abolition or altering of the Sabbath. Why?
 - a) It was an unforgivable oversight.
 - b) It was never an issue.
21. The Sabbath transcends the covenant at Sinai. True or False?

22. What scriptures in Acts record the Gentiles asking Paul to preach to them again on the next Sabbath?

23. Paul, the apostle to the Gentiles was constantly being attacked by others Jews who said he was teaching against the Law. Acts 21:20-21 clearly indicates that these accusations were false. Why then if he taught another Sabbath day was he not accused by other Jews of Sabbath breaking?

- a) The critics could never discover that all these churches started by Paul were keeping the wrong day [Sunday].
- b) Because Paul vigorously kept all the laws of God including the Sabbath.

24. The Greek word translated 'esteem' [Krino] is never used for Sabbath-keeping. True or False?

25. The Sabbath day has two great overall purposes according to the Bible:

- a) It looks back as a witness to the _____ [what?]
- b) It looks forward as a shadow to the spiritual rest of the _____ [what?]

Sabbath in the Millennium

26. In what verse in Isaiah do we read, "...and from one sabbath to another shall all flesh come to worship before me.

27. What 9 chapters in Ezekiel describes Israel and the future Temple in prophetic vision and specifically mentions Sabbath-keeping:

- a) 1-9
- b) 14-22
- c) 30-38
- d) 40-48

Principles for Observing the Sabbath

28. In polar regions where the sun does not set for 24 hours, 7 days a wee and in outer space the Sabbath day has no meaning. True or False?

29. The church...

- a) teaches broad principles regarding Sabbath-keeping.
- b) provides specific lists of what cannot be done on the Sabbath.

30. Today, Sabbath teaching includes:

- a) the letter of the Law.
- b) the spirit of the Law.
- c) both.
- d) neither.

31. Which of the following are true about the Sabbath:

- a) it is God's day.
- b) it is a day devoted to Godly activities.
- c) it is holy.
- d) it is a joy and delight.

e) not a day for doing thine own business.

32. The phrase "nor finding thine own pleasure" is better rendered:

a) feeling good physically and emotionally.

b) looking for a joyous time.

c) plying your trade.

33. The following are inherently wrong on the Sabbath:

a) watching TV

b) swimming

c) listening to music

d) marital relations

e) reading the weekly comics

True or False?

34. What is wrong is any activity which interferes with or detracts from the joy, rest and spiritual intention of the day. True or False?

35. It is the duty of the ministry to:

a) provide the member with basic guidelines for making their own decisions.

b) spell out and rule on every last kind of activity.

36. Which of these activities would seem not in the spirit of keeping the Sabbath?

a) participating in football or basketball.

b) digging up the garden or plowing a field.

c) harvesting a crop or entire garden.

d) doing the week's shopping.

e) none of the above.

f) all of the above.

37. In Leviticus 23:3 the Sabbath is called a _____ [what?]

38. Hebrews 10:25 encourages church members to _____ [what?] on the Sabbath.